



# Allendale - Brookside Middle School Lunch Menu Week of **1/2/17 - 1/6/17**



## Monday

Chicken and Cheese Quesadilla   
Nachos Grande with Cheddar Cheese and Salsa

## Tuesday

Baked Ziti with Italian Bread  
Roasted Chicken Drumstick with Sweet Potato Bites 

## Wednesday

Wild Wing Wednesday – Assorted Chicken Wings and Sauces  
Baked Homemade Macaroni and Cheese

## Thursday

Vegetable Lo Mein with an Egg Roll  
Cheese Stuffed Shells with Garlic Bread

## Friday

Village Pizza  
Hot Dog on a Bun

**Each complete lunch includes:  
Choice of Entrée with Protein/Grains, a trip to The Farm Stand, and Hormone-Free Milk**

## Available Daily:



Chicken Nuggets  
Mozzarella Sticks  
Burgers  
Gardenburger   
Pizza



Tuna Salad Platter   
Chef's Deli Salad



Tuna and Egg Salad  
Sandwiches or Wraps

**Lunch Prices:**

 Village Fresh Lunch = \$4.25  
Traditional Lunch = \$2.85



Selections on The Farm Stand are included with Lunch. Choose ½ cup of fruit and 1 cup vegetable from a variety of options daily.

Check the menu board for our  
Daily Homemade Soup Special!

Look for Healthier Choices 

 Also look for our  
Village Fresh menu!



# Allendale - Brookside Middle School Lunch Menu Week of **1/9/17 - 1/13/17**



## Monday

Cool Ranch Chicken Twister - Chicken with Jack Cheese, Lettuce and Ranch Dressing in a Wrap  
Teriyaki Meatballs with Jeweled Brown Rice 

## Tuesday

Chicken Sliders – Mini Chicken Patties on Slider Rolls  
Soft Tacos with Seasoned Beef, Shredded Lettuce, Tomato, and Cheese

## Wednesday

Build-Your-Own Chipotle Burrito  
Grilled Cheese Sandwich with Tomato Soup

## Thursday

General Tso's Chicken over Vegetable Stir-Fried Rice  
Pizza Dippers served with Marinara Sauce

## Friday

Village Pizza  
Sloppy Joe on a Whole Grain Roll 

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Choice of Entrée with Protein/Grains, a trip to The Farm Stand, and Hormone-Free Milk**

## Available Daily:



**Chicken Nuggets**  
**Mozzarella Sticks**  
**Burgers**  
**Gardenburger**   
**Pizza**



**Tuna Salad Platter**   
**Chef's Deli Salad**



**Tuna and Egg Salad**  
**Sandwiches or Wraps**

**Lunch Prices:**

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**Traditional Lunch = \$2.85**



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**Look for Healthier Choices** 

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# Allendale - Brookside Middle School Lunch Menu

## Week of 1/16/17 - 1/20/17



### Monday

MLK DAY - NO SCHOOL

### Tuesday

Whole Grain French Toast Sticks with Sausage  
"Jersey Shore" Cheesesteak with Onions and Peppers

### Wednesday

Popcorn Chicken with Mashed Potatoes and a Whole Grain Roll  
Meatball Parmesan Hero

### Thursday

Pulled Pork Sandwich on a Bun  
Pizza Dippers with Marinara Sauce

### Friday

Village Pizza  
Cheese Ravioli with Tomato Basil Sauce 

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Choice of Entrée with Protein/Grains, a trip to The Farm Stand, and Hormone-Free Milk

### Available Daily:



Chicken Nuggets  
Mozzarella Sticks  
Burgers  
Gardenburger   
Pizza



Tuna Salad Platter   
Chef's Deli Salad



Tuna and Egg Salad  
Sandwiches or Wraps

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Traditional Lunch = \$2.85



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# Allendale - Brookside Middle School Lunch Menu Week of **1/23/17 - 1/27/17**



## Monday

Pizza Dippers served with Marinara Sauce  
Chef Mario's Spaghetti and Meatballs

## Tuesday

Popcorn Chicken with Dipping Sauce and a Whole Grain Roll  
Meatball Parmesan Sandwich

## Wednesday

Wild Wing Wednesday – Assorted Chicken Wings and Sauces  
Jersey Sliders - 2 Mini Cheeseburgers on Soft Wheat Buns  
with Caramelized Onions and American Cheese

## Thursday

Choose Your Chicken – Select Spicy or Plain Chicken on a Wrap or Roll  
with Chipotle Sauce or Ranch Dressing  
Roasted Turkey with Mashed Potatoes and Gravy 

## Friday

Village Pizza  
Chicken Cheesesteak on a Whole Grain Hero 

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Choice of Entrée with Protein/Grains, a trip to The Farm Stand, and Hormone-Free Milk**

## Available Daily:



Chicken Nuggets  
Mozzarella Sticks  
Burgers  
Gardenburger   
Pizza



Tuna Salad Platter   
Chef's Deli Salad



Tuna and Egg Salad  
Sandwiches or Wraps

**Lunch Prices:**

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