



# SEPT ALLENDALE

## 2022 Hillside School

**CALENDAR MONTH  
- NO STICKERS OR  
TATTOOS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Labor day	6 <ul style="list-style-type: none"> <li>Whole grain French Toast sticks w/Sausage</li> <li>Cheese Burger sliders</li> <li>Traditional Chef Salad</li> </ul>	7 <ul style="list-style-type: none"> <li>Pasta Marinara</li> <li>Village Pizza</li> <li>Chipotle chicken wrap</li> </ul>	8 <ul style="list-style-type: none"> <li>Sweet&amp;Sour chicken w/Stir fried veggie</li> <li>Buffalo Chicken Sandwich on WW Bun</li> <li>Mediterranean salad</li> </ul>	9 <ul style="list-style-type: none"> <li>Italian Chicken tenders w/Marinara dipping Sauce</li> <li>Village Pizza</li> <li>Grilled Vegetable Wrap</li> </ul>
12 <ul style="list-style-type: none"> <li>Boneless Wings</li> <li>Spicy Buffalo Chicken wrap</li> <li>Grilled Chicken Caesar salad</li> </ul>	13 <ul style="list-style-type: none"> <li>Beef Gyro Pita</li> <li>Cheesesteak hero</li> <li>Paris café-Cheese cubes &amp; Grapes w/ Mini Croissant</li> </ul>	14 <ul style="list-style-type: none"> <li>Meatball parm hero</li> <li>Village Pizza</li> <li>Peach Mango Yogurt Parfait</li> </ul>	15 <ul style="list-style-type: none"> <li>Korean BBQ chicken w/Stir Fry veggies</li> <li>Mini Pancakes w/ Sausage</li> <li>Vegan Chickenless Tender</li> </ul>	16 <ul style="list-style-type: none"> <li>Chicken Teriyaki w/Broccoli</li> <li>Village Pizza</li> <li>Creamy egg salad over greens</li> </ul>
19 <ul style="list-style-type: none"> <li>Cheesesteak Hero</li> <li>Spicy chicken Wrap</li> <li>Chicken ranch Roll Up</li> </ul>	20 <ul style="list-style-type: none"> <li>Beef Soft Tacos w/ Salsa</li> <li>Chicken Bowl w/ mashed potatoes</li> <li>Cobb Salad</li> </ul>	21 <ul style="list-style-type: none"> <li>Chicken Parm on a Hero</li> <li>Village Pizza</li> <li>Fresh fruit parfait</li> </ul>	22 <ul style="list-style-type: none"> <li>Fiesta Nachos</li> <li>Baked Ziti w/garlic toast</li> <li>Mediterranean salad</li> </ul>	23 <ul style="list-style-type: none"> <li>Spicy Breaded Chicken on a Roll</li> <li>Village Pizza</li> <li>Buffalo Chicken Salad</li> </ul>
26 ROSH HASHANAH	27 <ul style="list-style-type: none"> <li>Cowboy Chili w/garlic knot</li> <li>Meatball Parmesan Hero</li> <li>Chef Dave's roast beef &amp; cheese Panini</li> </ul>	28 <ul style="list-style-type: none"> <li>Cheeseburger Sliders</li> <li>Village Pizza</li> <li>Fresh fruit Parfait</li> </ul>	29 <ul style="list-style-type: none"> <li>Grilled Cheese on Whole Wheat</li> <li>French toast Sticks w/ Sausage</li> <li>Vegan Chickenless Nuggets w/Dipping sauce</li> </ul>	30 <ul style="list-style-type: none"> <li>BBQ Chicken Tenders w/Cornbread</li> <li>Village Pizza</li> <li>Antipasto salad</li> </ul>
week 7				



# SEPT 2022

# ALLENDALE Hillside School

### AVAILABLE DAILY

 All-White Meat Chicken Tenders w/ Dip & a Roll  
Ridgewood Bagel Lunch w/ Cream Cheese & a Cheese Stick

 Village Fresh Choices



### A Complete Meal Includes:

Entrée w/ Protein/Grain

**Fresh from The Farm Stand Fruits & Vegetables**

Choice of Hormone-Free Milk: 1% Low-Fat or Non-Fat Flavored

**Fruits & vegetables from  
The Farm Stand are included w/ lunch.**

**FOOD  
ALLERGIES**

Allergy Aware menus are available for students with food allergies.  
For more information contact your Food Service Director or see  
our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

