

Allendale - Brookside Middle School

Village Fresh Menu

for the week of **1/2/17 - 1/6/17**

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad

Monday

Homemade Baked Ziti Parmesan topped with Fresh Mozzarella Cheese,
served with Garlic Bread

Tuesday

Fiesta Bowl - Mexican Rice with Seasoned Beef topped with Cheddar Cheese
and Tortilla Chips offered with a Churro Bite

Wednesday

All-Natural Sweet and Sour Chicken with Brown Rice and a Fortune Cookie

Thursday

Chef David's Roast Beef Melt

Friday

Hot Boar's Head Ham and Cheese Croissant

*Items listed as **All-Natural** contain no antibiotics or hormones,
are vegetarian fed and sustainably farmed*

**Your Village Fresh Lunch includes Entrée with Protein/Grains, Vegetables
and Fruit from The Farm Stand, and Hormone-Free Milk for \$4.25.**



POMPTONIAN
FOOD SERVICE

Allendale - Brookside Middle School

Village Fresh Menu

for the week of **1/9/17 - 1/13/17**

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad

Monday

All-Natural Mini Meatballs with Fresh Pasta and Garlic Bread

Tuesday

Fresh Chicken Stir-Fry with Lo Mein Noodles and a Fortune Cookie

Wednesday

Very Berry Yogurt Parfait
Twin Chicken Parm Bites

Thursday

Fresh Chicken and Cheese Fajita with Mexican Rice and Fiesta Salsa
offered with a Churro Bite

Friday

Italian Melt with Pasta Salad

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POMPTONIAN
FOOD SERVICE

Allendale - Brookside Middle School

Village Fresh Menu

for the week of **1/16/17 - 1/20/17**

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad

Monday

MLK DAY - NO SCHOOL

Tuesday

Pierogies with Caramelized Vidalia Onions

Wednesday

Homemade Fresh Chicken Parmesan with Pasta and Garlic Bread
Peach Mango Yogurt Parfait

Thursday

All-Natural Beef Chili with Homemade Cornbread

Friday

Grilled 3-Cheese Texas Toast Sandwich with Tomato Soup

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POMPTONIAN
FOOD SERVICE

Allendale - Brookside Middle School

Village Fresh Menu

for the week of **1/23/17 - 1/27/17**

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

**All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad**

Monday

Baked Homemade Cheese Stuffed Shells with Garlic Bread

Tuesday

Grilled Breast of Chicken with Herb-Roasted Vegetables

Wednesday

**Spicy Chicken Fillet with Melted Cheese on a Whole Grain Roll
Very Berry Yogurt Parfait**

Thursday

**Fresh Chicken Quesadilla with Salsa and Sour Cream
offered with a Churro Bite**

Friday

Tuna Fish Boat

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POMPTONIAN
FOOD SERVICE