

Allendale - Brookside Middle School

Village Fresh Menu

for the week of **3/6/17 - 3/10/17**

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad

Monday

Homemade Baked Ziti Parmesan topped with Fresh Mozzarella Cheese,
served with Garlic Bread

Tuesday

Spicy Chicken Filet Sandwich
with Pasta Salad

Wednesday

Cheese Tortellini with Homemade
Marinara Sauce and Garlic Bread

Thursday

Chef David's Roast Beef Melt

Friday

Hot Boar's Head Ham and Cheese Croissant

*Items listed as **All-Natural** contain no antibiotics or hormones, are vegetarian fed and sustainably farmed*

Your Village Fresh Lunch includes Entrée with Protein/Grains, Vegetables and Fruit from The Farm Stand, and Hormone-Free Milk for \$4.25.



Allendale - Brookside Middle School

for the week of **3/13/17 - 3/17/17**

Village Fresh Menu

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

**All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad**

Monday

All-White Meat Chicken Fillet Sandwich with Lettuce and Tomato

Tuesday

Pierogis with Caramelized Vidalia Onions

Wednesday

Homemade Fresh Chicken Parmesan with Pasta and Garlic Bread

Thursday

All-Natural Beef Chili with Homemade Cornbread

Friday

Grilled 3-Cheese Texas Toast Sandwich with Tomato Soup

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Allendale - Brookside Middle School

for the week of **3/20/17 - 3/24/17**

Village Fresh Menu

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

**All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad**

Monday

**Baked Homemade Cheese Stuffed Shells
with Garlic Bread**

Tuesday

Cinnamon French Toast with Maple Sausage

Wednesday

**Spicy Chicken Fillet with Melted Cheese on a
Whole Grain Roll**

Thursday

**Fresh Chicken Quesadilla with Salsa and Sour Cream
offered with a Churro Bite**

Friday

Tuna Fish Boat

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Allendale - Brookside Middle School

for the week of **3/27/17 - 3/31/17**

Village Fresh Menu

We use high quality ingredients to infuse healthy options into appealing meals. Village Fresh meals are chef prepared with minimally processed ingredients and are prepared fresh each day on-site.

Available Daily:

**All-White Meat Chicken Tenders with Dip and a Roll
Made-to-Order Boar's Head Deli Sandwiches
Chicken Caesar Salad**

Monday

Homemade Baked Manicotti with Garlic Bread

Tuesday

Chicken and Cheese Calzone

Wednesday

All Natural Chicken Tender Wrap

Thursday

Chicken Ranch Roll-Up with Baby Carrots and Ranch Dipping Sauce

Friday

Boar's Head Turkey and Cheese Pinwheel

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